

Experts in the Workplace

2007 Aurora Experts Programs

To request your Aurora Experts Program components return this checklist via facsimile to (262) 896-6455 attention Business Development / Aurora Experts Coordinator or visit us on the web at www.aurora.org.

Name:			
Title:			
Company:			
Address:			
City:		Zip Code:	
Telephone Number:			
Email Address:			
Number of Employees expected to attend? <i>(Minimum of 15 people are required)</i>			

You will be contacted within 24 hours of your request to confirm receipt. Please allow 6 - 8 weeks notice for scheduling.

Cardiac Care

- What You Should Know About Cholesterol
- Know Your Numbers
- Leg Pain - Warning Signs of Vascular Disease
- Getting a Leg Up on Varicose Veins
- Deep Vein Thrombosis
- What You Should Know About Vascular Disease
- Signs and Symptoms of Heart Attack

Behavioral Health

- Stress Management
- Depression
- Anxiety
- Seasonal Affective Disorder

Orthopedics

- Spine - Injury Prevention & Treatment Options
- Joint Pain / Arthritis
- Sports Medicine - Injury Prevention, Conditioning & Treatment Options

Neurosciences

- Treatment for Individuals with Epilepsy or Seizures
- Controlling Parkinson Disease
- Multiple Sclerosis: Living Well with MS
- Stroke Prevention
- Signs and Symptoms of Stroke

Cancer Care

- Cancer & Genetics: Are You at Increased Risk?
- Prevention & Early Detection: Strategies Against Breast Cancer
- Prevention & Early Detection: Inflammatory Breast Cancer
- Prevention & Early Detection: Strategies Against Prostate Cancer
- Prevention & Early Detection: Strategies Against Colon Cancer

Women's Health & Well-Being

- A Women's Path to Personal Wellness (*2 part series each presentation is a minimum of 45 minutes*)
- Optimal Health & Wellness
- A Triad Approach to Weight Management for Women
- Nutrition & Exercise for Women
- An Ounce of Prevention: Cardiovascular Disease and Women
- Stop Eating Your Heart Out: How to Eat Heart Healthy
- A Weighty Issue Obesity: Obesity as a Chronic Condition

GI - Gastroenterology

- Gastroesophageal Reflux Disease; GERD

Health Care Management

- Advanced Directives
- Generic Drugs – Cost Effective Medication Use
- Sleep Disorders and Your Health
- Chinese Nutrition Therapy
- Stress Management Using Traditional Chinese Medicine